ST. CHARLES BORROMEO PHILIPPINE MEDICAL MISSION 2022 ANNUAL REPORT



Mission and History

St. Charles Borromeo Philippine Medical Mission (SCBPMM) is an all-volunteer, 501(c)3 organization, dedicated to promoting the inherent right of the poor and underprivileged in the Philippines, to receive basic and adequate health care, food and shelter, as well as to empower them, through education and other forms of assistance, and to become responsible and productive members of society. The organization was founded in 1999 as the Philippine Medical Mission (PMM), an outreach project of the Social Justice Ministry at St. Charles Borromeo Catholic Church in Arlington, VA. It was the brainchild of two dedicated Filipino American volunteers, Maricel Bretault and Celia Coronado. In 2005, PMM obtained its tax-exempt 501(c)3 status and became SCBPMM.

To accomplish its mission, SCBPMM works in partnership with established nonprofit organizations in the Philippines. Once a year, we invite these organizations to submit proposals for funding their poverty alleviation and medical outreach programs. During times of natural disasters and calamities in the Philippines, SCBPMM also assists well-established NGOs working for relief and rehabilitation of affected communities. SCBPMM undertakes fundraising activities to support its projects and programs.

Every November, the Board meets to decide which projects will be supported for the following year.

Programs supported by SCBPMM:

Health and shelter for **abandoned elderly**: ANAWIM Lay Missions Foundation – Montalban, Rizal, in Luzon

Health and education for street children: Childhope Asia Philippines (CHAP) – Metro Manila, in Luzon $\frac{1}{SEP}$

Education and feeding of **poor children in the slums**: Tulay ng Kabataan (TNK) – Smokey Mountain, Metro Manila, in Luzon

Medicines for **children with cancer**: Cancer Warriors Foundation (CWFI) – Lipa City, Batangas, in Luzon

Food assistance for **poor Aeta communities**: Foundation of our Lady of Peace Missions, Inc. (FOLPMI) – Paranaque, Metro Manila in Luzon and Sitio Gala, Zambales in Luzon

Health assistance for **Dulangan Manobo Tribe**: Religious of Notre Dame Missions (RNDM) – Kulaman, Sultan Kudarat, Cotabato, in Mindanao

Assistance for **poor senior citizens**: Archbishop Gabriel M. Reyes Memorial Foundation, Inc. (AGMRMFI) – Aklan, in the Visayas

Relief and Rehabilitation for **poor communities after natural disasters and during pandemic**: Ateneo Tanging Yaman Foundation– Luzon and the Visayas.



Letter from the SCBPMM President

June 2023

Dear Friends of the St. Charles Borromeo Philippine Medical Mission,

St. Charles Borromeo Philippine Medical Mission (SCBPMM) is dedicated to promoting the inherent right of the poor in the Philippines to receive basic and adequate health care and to empower them, through education, to become responsible and productive members of society.

Keep in mind that one out of every four Filipinos subsists below the poverty line. With little or no medical insurance plans available for the majority of the population, millions of Filipinos are in desperate need of basic nutrition and health care. Our members, volunteers, and loyal donors make it possible to support projects that help to alleviate these needs.

In this report, you will be able to read in more detail about the projects that SCBPMM supports. Please visit our website at <u>www.scbphilippinemedicalmission.org</u> and our Facebook page, **St. Charles Borromeo Philippine Medical Mission,** for on-going updates. Also, please consider volunteering or sharing our vision with others who may be interested in helping us with our mission.

Next year SCBPMM will be celebrating its 25th year in operation, and we will want to celebrate with all our supporters. Details of our plans will be available early in 2024, so keep an eye out for your invitation.

Thank you so much for your generosity, and may God grant you and your loved ones peace, hope and happiness.

Sincerely,

Peggy Carrington, President

St. Charles Borromeo Philippine Medical Mission

SCBPMM SUMMARY OF PROGRAM REPORTS 2022

PARTNER ORGANIZATION (Report Coverage)	AMOUNT AWARDED IN 2021/ TOTAL PROJECT COST	BENEFICIARIES/OTHER IMPACT	PLANNED PROGRAM

CHILDHOPE ASIA	\$6,000/\$6,000	Basic health and medical services were	Klinikalye: Mobile Health Clinic.
PHILIPPINES	. , ,. ,	delivered to 1085 street children and	,
		youth (medical check-up, wound care,	
(Jan- Dec 2022)		medicines and vitamin supplements,	
		hygiene kit, etc.). Most targets were met	
		if not exceeded.	
		in not exceeded.	
CANCER WARRIORS	\$7,000	83 kids with cancer undergoing	Lalaban Tayo sa COVID (Let's Fight
FOUNDATION		treatment in Batangas City.	COVID) Provide free medical
			treatment and nutritional support
(Jan – June 2022)		17 teenagers are prescribed Ensure milk	to 140 children with cancer. Cost of
		and 8 young children with Pediasure.	swab test ranges from \$15-\$60
		Amid diminished funding due to the	depending on the area where the
		pandemic, delivery cost has increased	child gets chemo treatment. A child
		because children need to undergo swab	gets chemo 3 times a week. PMM
		testing before each chemo treatment.	grant will subsidize/provide for
		testing before each chemo treatment.	swab tests and support nutritional
			need through the provision of free
			milk and eggs to the kids.
ANAWIM CENTER of the	\$6,000/	Basic health, medical and nutritional care	Elderly Medical & Nutritional
ANAWIM LAY MISSIONS	\$45,000	were provided to 68 elderly residents.	Supplements.
FOUNDATION (ALMS) INC.	\$45,000	This has promoted a healthy and happy	supplements.
		life for the elderly residents.	
(Jan-Feb 2022)			

ARCHBISHOP GABRIEL M.	\$6,000/\$6,900	Gift checks given to 80 seniors for	Enhanced COVID-19 Prevention for
REYES MEMORAIL		monthly food packs & vitamins as well	Poor Senior Citizens in Aklan.
FOUNDATION, INC.		as Hobby Kit for mental health.	
<i>.</i>		Distributed information materials on	
(Jan - December 2022)		Covid prevention. Distributed seeds for	
		backyard vegetable gardening. Project	
		replicated in 2 other towns.	
RELIGIOUS OF THE NOTRE	\$6,000	Provided health and nutrition	Hygiene kit, Livelihood and Medica
DAME OF THE MISSIONS		monitoring to 20 mothers and their	Assistance, Backyard Garden
		children; skills training for 20 health	Development for Nutrition, &
(Jan – July 2022)		workers; hygiene kits, vitamins, and	Water Project for Manobo
		medicines to 10 severely malnourished	Dulangan Tribe.
		children.	
		12 patients provided emergency	
		transport and hospitalization. 20	
		pregnant women provided food	
		assistance.	
		Potable water will be installed in 2	
		communities. Finance backyard	
		gardening in 4 communities that already	
		have access to potable water.	
TULAY NG KABATAAN	\$6,000/	Provision of education, health care,	Saint Clare of Assisi Daycare Center
		food, and nutrition to poor children in	in Market Slums (fish port complex
(Jan – Dec 2022)	\$13,700	Fish Port Complex.	Navotas, Metro Manila).
		The number of beneficiaries increased	
		as more poverty resulted from the	
		pandemic. Health and educational	
		activities resumed after the lockdown	
		and daily feeding is provided	
		continuously. There were 233 children	
		and 52 adult beneficiaries served.	
	62 865 /	200 direct honoficiaries (students	Supplemental Fooding Program for
FOUNDATION OF OUR	\$2,865/	200 direct beneficiaries (students,	Supplemental Feeding Program for
LADY OF PEACE MISSION	\$2,865	teachers, non-teaching staff, security,	Aeta Students.
(June 20 to July 8, 2022)		school volunteers) and around 700	
(June 20 to July 8, 2022)		indirect beneficiaries (students family	
		members). 3,000 meals were served for	
		3 weeks. One full meal was given to	
		each direct beneficiary. The feeding	
		program increased student attendance.	
		Students were also active in class	
	1	discussions.	

ATENEO CENTER FOR EDUCATIONAL DEVELOPMENT (Dec 2021-Sept 2022)	\$6,018/\$8,100	Provided nutritional needs of children resulting in ideal weight gain of babies born during the program period. Babies of pregnant women who were beneficiaries were all live births. A total of 480 individuals benefitted from the	Food Packs Program for Children in the First 1,000 Days of Life. (Food Augmentation Program for Young Mothers and Children from Payatas Community in Quezon City).
		of 480 individuals benefitted from the weekly food pack.	

ABOUT THE ORGANIZATIONS WE PARTNERED WITH IN 2022

ANAWIM LAY MISSIONS FOUNDATION (ANAWIM)

ANAWIM is a non-profit organization dedicated to giving comfort and dignity to the elderly during the advanced stages of their lives. It manages the ANAWIM Center in Montalban, Rizal, which is a home for the poor and abandoned elderly, orphans, and physically and mentally handicapped persons. The center provides shelter, food, clothing, and medical care to all residents. ANAWIM was founded in the early 1990s by Bo Sanchez.



THE ARCHBISHOP GABRIEL M. REYES MEMORIAL FOUNDATION, INC. (AGMRMFI)

AGMRMFI was founded in 1977 and is a non-stock, non-profit foundation which aims to provide development assistance in Aklan, in the Visayas. Its programs include education for poor children, feeding centers, scholarships for higher education, rural leadership development, basic health and nutrition education and services and micro-finance to indigenous industries and small businesses for family self-sufficiency. The president is Mrs. Delia Mariano and executive director is Ms. Eloize Juliet G. Victoriano.

CHILDHOPE ASIA PHILIPPINES (CHAP)

CHAP is a non-profit, non-governmental organization established to address the plight of street children in the Philippines, especially Metro Manila. It provides, among others, basic education, provision of shelter, health care services including a mobile health clinic, livelihood training, and counseling support to street children. CHAP was founded in 1990. Dr. Harvey Carpio is the Executive Director.



THE FOUNDATION OF OUR LADY OF PEACE, INC. (FOLPMI)

FOLPMI is a non-stock, non-profit, non-governmental institution serving the poor in Luzon through varied but integrated programs geared towards total development of individuals, families, and communities. Its projects include a hospital for the poor, feeding centers, livelihood projects, immunization programs, shelter for female street children, and disaster/calamity relief. FOLPMI was founded in 1984 under the leadership of Sr. Eva Fidela Maamo, MD, SPC.

THE RELIGIOUS OF NOTRE DAME OF THE MISSIONS (RNDM)

RNDM is an order of religious Sisters who work with the indigenous tribe, the Dulangan Manobo, in the mountains of Cotabato, Mindanao and was founded in 1987. Their ministries include community development, basic health care services, hospitalization and medical assistance, health education, nutrition programs and provision of educational opportunities.



TULAY NG KABATAAN (TNK)

Tulay ng Kabataan is a non-profit organization based in Manila whose mission is to take care of street children without families, scavenger children working in dumpsites, children living in slum areas, and poor pregnant mothers who need prenatal healthcare. Founded in 1998 by a Jesuit priest, Fr. John Francois Thomas, TNK provides poor children shelter, health care, education, and nutrition. The goal of TNK is to give back to each child dignity and self-confidence and to help him/her reach the fullness of human vocation. The executive director is Rev. Fr. Matthieu Dauchez and the communications manager is Elise Cruse.



Cancer Warriors Foundation Inc. (CWFI)

Cancer Warriors Foundation Inc., (CWFI), Batangas was launched in Lipa City on June 2008 to assist in the treatment and care of poor and disadvantaged kids with cancer. A group of volunteers headed by Bishop Marcelino Maralit Jr., and Dr. Mayie Salvador initially spearheaded the assistance to 33 kids with cancer. The Foundation also extends educational assistance by granting scholarships for a warrior or a family member to study and develop capabilities to be able to earn a living. In 2019, as part of our 20th anniversary thanksgiving celebration, SCBPMM awarded the Celia Coronado Memorial Grant in the amount of \$20,000 to Cancer Warriors Foundation of Batangas.



Ateneo Tanging Yaman

Tanging Yaman Foundation, Inc. is a non-profit Philippine organization, established in 1992 by Father Manuel "Manoling" Francisco, SJ. Through live liturgical musical concerts at major Philippine venues, Tanging Yaman has fundraised for multiple organizations serving the needy. Ateneo Tanging Yaman also partnered with Gawad Kalinga (GK); an initiative started by Tony Meloto with the vision of a Philippines without slums. It was in 2003 when Father Bienvenido Nebres, SJ (then president of Ateneo de Manila University) launched the Ateneo GK partnership with the mission of defeating poverty.



OUR PROGRAMS:

ANAWIM LAY MISSIONS

Title of the Project: ANAWIM ELDERLY MEDICAL AND NUTRITIONAL SUPPLEMENT

Implementation Period: January to February 2022

Grant given by SCBPMM for this project: US\$ 6,000



The SCBPMM donation supported the purchase of vitamins and maintenance medications of 68 elderly residents. Excerpts from the ANAWIM report:

Each resident is provided nutritious meals promoting healthy and happy lives. Their health is monitored by our committed and loving caregivers. Aside from this, we also offer programs like daily exercise (Zumba Dance) and tours to different places such as parks, wildlife sanctuaries and farms.



During the implementation of this project, Anawim is fortunate to have dedicated and skilled employees who can easily adapt to situations brought about by the pandemic. They provide meals three times a day, morning care, monitoring vital signs, giving daily vitamins and medicines, Zumba dance, daily prayer and exercise, counseling, etc. At present, Anawim is experiencing so many challenges. To mention a few, the admission of new residents has been suspended. We experience difficulty in bringing the elderly to the hospital for check-ups and emergency situations due to the danger of being infected with covid 19 virus. But despite these challenges, we were able to create programs that address the needs of Anawim residents. Examples of these are the implementation of health protocols; setting up triage; online consultation with our volunteer doctors; complete vaccination of all Anawim residents; online fund-raising campaign, etc. We are able to continue in our commitment to bringing our elderly a decent and comfortable life.



ARCHBISHOP GABRIEL M. REYES MEMORIAL FOUNDATION

Title of the Project: COVID-19 PREVENTION FOR POOR SENIOR CITIZENS IN AKLAN

Implementation Period: January 2022 – December 2022 Grant given by SCBPMM for this project: US\$6,000

The enhanced COVID-19 prevention program for senior citizens in Aklan aims to address the mental health issues of poor senior citizens through the provision of hobby kits aside from the food and hygiene supplies being distributed to them.

COVID 19 cases in Aklan tremendously increased in the 1st quarter of 2022 with the "Balik Probinsya" Program of the government and the opening of ports and airports in the province. Economy was still unstable in the 2nd quarter of the year. Poor senior citizens are most vulnerable during this time of pandemic. They have no access to government assistance for their food and medical needs. The Social Pension Program was temporarily stopped due to lack of funds from the government.

To protect them from infection of COVID 19, there is a need to boost their immune system through eating nutritious foods and vitamins, regular check-up and providing them with educational materials on proper hygiene and health protocols.

The project aims to assist the target communities through a holistic development approach with services in the Aklanon language for education/training on Proper Hygiene and Health Protocols for COVID 19 prevention, Organic Gardening, Community Managed Savings and Credit Association Formation and Spiritual Nurturance to cut across in all activities of the project.

Information Education and Communication (IEC) materials for COVID 19 protocols and prevention were distributed to 80 (40 Lezo and 40 Makato) poor senior citizens of Aklan.

Gift checks were given to 80 poor senior citizens in municipalities of Lezo and Makato, Aklan. These were intended to buy nutritious food for indigent elderly like milk and vitamins to boost their immune system; soap and alcohol for their protection from the virus and Hobby Kits to address mental health i.e., anxiety and depression.

In partnership with the Municipal Agriculture Office, organic or natural gardening was encouraged. The backyard vegetables gardening really helped to augment daily food consumption of the family and can be another source of income or livelihood if they can produce more than what they need.

Thankfully, this modest SCBPMM project made a big difference in the lives of 80 very poor seniors and bridged their immediate need for food and personal hygiene needs.

The following are a few of the beneficiaries after receipt of their gift cards.











CHILDHOPE ASIA PHILIPPINES

Title of the Project: MOBILE HEALTH CLINIC Implementation Period: January to December 2022 Grant given by SCBPMM for this project: \$6,000





The Mobile Health Clinic (MHC) Project was created based on the belief that health and education always go hand-in-hand. Under this project, a dedicated team composed of a medical doctor and a mobile clinic driver, together with Junior Health Workers and volunteers, visit the different areas where Childhope operates, and reaches out to children needing health services.

For the period of January to December of 2022, there were one thousand and eightyfive (1,085) medical consultations under the KliniKalye Mobile Health Clinic Project. Approximately seventy percent (70%) of these consultations were still done through telemedicine, either through an online platform or through phone calls. The KliniKalye MHC only visited areas for face-to-face consultations when restrictions were eased, and COVID-19 cases were low. Aside from the scheduled clinics per area, beneficiaries were also able to request for a consultation through their social worker and were also able to chat directly with the Physician during office hours through the Childhope Philippines Teleconsultations FB page.

During clinics, the patients were provided with the following services:

- 1. medical consultations and physical examination
- 2. wound care (for face-to-face consultations only)
- 3. complete medicines
- 4. multivitamins and minerals supplements for at least one month
- 5. medical supplies for wound care
- 6. medical counselling

Four hundred fifty-nine (459), or 42%, of the consultations for this period were Well Child consultations. During these consultations, medical counselling revolved around ways to prevent illnesses and injuries, including proper wearing of masks, proper hygiene, and road safety.

Only **66%** of those who underwent face-to-face consultations were assessed to fall within normal nutritional status. However, for this period, only around thirty percent of the total number of beneficiaries were assessed because most consultations were done through telemedicine. Please note that a more comprehensive nutritional status monitoring was done in January to February 2023 when we implemented full face-to-face clinics, and the results will be reported in the next interim report.

Fifty-seven (57) beneficiaries were provided additional assistance for:

- 1. diagnostic procedures
- 2. dental procedures
- 3. referrals to hospital / specialist
- 4. corrective eyeglasses

FOUNDATION OF OUR LADY OF PEACE MISSION, INC.

Title of the Project: SUPPLEMENTAL FEEDING PROGRAM FOR AETA STUDENTS

Implementation Period: June 20 to July 8, 2022

Grant given by SCBPMM for this project: \$2,865

During the visit of the FOLPMI staff in the Aeta Community in Gala, Zambales, they noticed that the school was already conducting face-to-face classes at Aningway Sacathan Elementary and High School Annex. The school teachers shared their problem of the school population's low attendance record. The teachers have difficulty getting the students to attend school because of poverty and lack of food. Some students also must work. The school director also mentioned that no matter how good their teachers are, some of the students cannot keep up with the lesson because of hunger or because they have not attended preceding classes. She noticed that when they get awarded a one-day feeding program, students go to school and are very active in class discussions.

Because of this, FOLPMI decided to conduct a three-week feeding program at Aningway- Sacatihan Elementary and High School Annex located at Sitio Gala, Subic, Zambales. The identified direct beneficiaries are the school's whole student population which is 161 students. Aside from the students, 39 other teachers and non-teaching personnel were also given meals for three weeks. Three thousand meals were given for three weeks.

In the report submitted by the school, there was a significant increase in the attendance of students. This is where sustainability of the project is important. Through additional grants and private donations, FOLPMI can run this project that was piloted by SCBPMM during the start of the school year and monitor attendance of students until the end of the school year.

In partnership with the school, FOLPMI plans to improve the monitoring of the project and add student performance as a metric. This is based on the premise that children perform better at school when they do not have to think about what they or their families will eat.

Aside from the student beneficiaries, excess food packs, if any, were given to undernourished children in the community that are not yet attending school.

RELIGIOUS OF NOTRE DAME MISSIONS

Title of the Project: HYGIENE KITS, LIVELIHOOD AND MEDICAL ASSISTANCE, BACKYARD GARDEN DEVELOPMENT FOR NUTRITION AND WATER PROJECT FOR THE DULANGAN MANOBO TRIBE IN THE REMOTE MUNICIPALITY OF SENATOR NINOY AQUINO (KULAMAN) SUTAN KUDARAT

Implementation Period: January to July 2022

Grant given by SCBPMM for this project: \$6,000

Excerpts from the report sent by RNDM:

RNDM Delesan Kailawan Center, with the assistance of the government, private organizations and individual donors, continues to collaboratively work with the Manobo people towards sustainability and a healthy tribe. The following are Dulangan Manobo Tribe members served from January to July 2022:

The center continues training of a new batch of (20) Community Health Workers (CHW) coming from 9 identified most vulnerable villages. The CHW training enables them to educate their community in basic health.

- 32 Manobo Dulangan patients, including 20 pregnant women, were provided food assistance, transportation and hospitalization to the closest hospital as needed. If necessary, the patients were brought to more distant, specialized facilities to get better care.
- 17 Manobo Dulangan health volunteers were provided with life skills and health training. They helped educate their community and assist the people under their care when needed.
- 10 vulnerable and severely malnourished children were provided nutrition assistance and health monitoring.
 - 2 vulnerable communities were provided with access to potable water.
 - 2 communities were given seeds and assisted in developing backyard gardens.

One of the joys of project implementation is seeing the villagers' participation, determination, and commitment. We are also glad that this time the local leaders (Barangay and Municipal level) assisted the center in many ways. They provided us with the vehicle when we needed to purchase the materials for potable water project.

One of the greatest challenges is making the water project sustainable when it comes to maintenance and basic plumbing. Great patience and perseverance is needed when going up and down the mountains to offer basic plumbing education to ensure that the project will be taken care of by the community. Prior to implementing the project, a lot of groundwork, community organizing, and education had to be done. We needed to collaborate with the municipal office, rural health unit for the testing of the water before the project implementation to ensure that the water source is safe for the community. We also tapped the Sultan Kudarat Electric Cooperative (SUKELCO) for the community to access electricity for water pumping.

In line with Delesan Kailawan's Vision for a healthy, self-determined and Sustainable Manobo Dulangan Tribe, staff continue to reach out to the most vulnerable members of the tribe. The Manobo Dulangan people are still one of the Indigenous groups in the Philippines that are struggling in many ways due to its minority status and different world view. In addition to their struggles is the effect of health crises due to this covid-19 pandemic. Kulaman, Senator Ninoy Aquino still numbers among the geographically Isolated and disadvantaged areas, a 3rd class municipality. Access to basic needs such as school, health centers, proper road and transportation to the market, access to potable water and electricity are still difficult in mostly Manobo Dulangan villages.

We are grateful for all private and public institutions, individuals offering their skills, local leaders, the communities of the Manobo Dulangan Tribe and to St. Charles Borromeo Philippine Medical Mission (SCBPMM) for reaching out to these vulnerable communities.



TULAY NG KABATAAN

Title of the Project: PROVIDING EDUCATION, HEALTHCARE, DAILY MEALS TO THE CHILDREN OF ST. CLARE OF ASSISSI DAY CARE CENTER (LOCATED IN MARKET SLUMS OF FISH PORT COMPLEX, NAVOTAS, METRO MANILA)

Implementation Period: January to December 2022

Grant given by SCBPMM for this project: \$6,000

Tulay Ng Kabataan's mission is to help Manila's most unfortunate children and elderly, those living in extreme poverty in the streets and slums of the capital city of the Philippines. With the funding from SCBPMM, TNK provided meals, delivered food, provided education and medical assistance to 285 indigent beneficiaries, most of whom were children.

SAINT CLARE OF ASSISI - MARKET 3	Number of beneficiaries
Pre-school	58
Tutorial	39
Feeding	114
Adult beneficiaries	28
Social Case families	28
Social Case children	18
TOTAL - December 2022	285



HEALTHCARE

TNK organized medical check-ups and treatments at the barangay health center and or at the nearby hospitals. Most common ailments treated are pneumonia, asthma, viral respiratory infections, intestinal worms, scabies, diarrhea, anemia, tuberculosis, skin diseases such as eczema. TNK team assists the families for x-ray, blood test, ultrasound when needed, provides medicines, and helps the families for the health treatment follow-up of their children.

NUTRITION

The daily meal offered in the day-care center is often the only meal of the day for our indigent beneficiaries. At the beginning of the year, we were allowed to distribute the meals but not able to let the children eat inside our premises. Since August 2022, they were allowed to eat in little groups inside. It is important because it's a precious time to educate the children on hygiene (ex: to wash their hands before eating...) and to observe them for possible symptoms to identify sick children.

EDUCATION

On weekdays, there are preschool classes. These are face to face classes in groups of 10 children inside the center. Per day, the schedule is 5 groups of 10 children, 1 hour per group. During the school vacations (July and August) all our 60 community workers received training sessions on education, health and nutrition. In September, they prepared the centers (classrooms), did the set-up and the enrollment. They also organized parents' orientations. This year, back to school was in October. In December, there was a Christmas Party for all the beneficiaries.

ATENEO CENTER FOR EDUCATIONAL DEVELOPMENT

Title of the Project: FOOD PACKS PROGRAM FOR CHILDREN IN FIRST 1,000 DAYS OF LIFE (FOOD AUGMENTATION PROGRAM FOR YOUNG MOTHERS AND CHILDREN FROM PAYATAS COMMUNITY IN QUEZON CITY)

Implementation Period: December 2021 to September 2022

Grant given by SCBPMM for this project: \$6,018

Excerpts from the report sent by ACED:

Mindful of the fact that stunting and malnutrition are influenced by the nutrition a child receives in the first 1000 days of life, the Ateneo Center for Educational Development (ACED) has embarked on providing food packs that consist largely of vegetables, root crops, and fruits for young pregnant women and mothers with children who are 0 to 3 years old. The Food Augmentation Program for Young Mothers and Children from the Nuestra Señora Dela Paz (NSDP) Chapel Community, Payatas, Quezon City addresses both hunger and malnutrition through the provision of weekly food packs containing root crops, fruits, and vegetables and other food items, when available. The contents of the food packs are guided by the findings in a study which states that less than 50% of children in Metro Manila have fruit, vegetables, milk, and milk products in their diet. A total of 3,200 food packs were given. A total of 480 individuals benefitted from the weekly food packs. In

addition to the food packs, support sessions are provided to the beneficiaries on such topics as health, wellness, and good nutrition.

The project has also been beneficial for the farmers from where the contents of the food packs are sourced. The current (low) cost of food packs is possible due to direct sourcing from these farmers. It is good to note that the farmers are benefiting from the program because they can sell their produce at better rates than they would have been able to sell to traders.

The beneficiaries of this SCBPMM-ACED program are young mothers from Payatas Area B, Quezon City. Most of the residents fall below the poverty level, living under harsh and poor conditions in very depressed areas. In the site, the program was supervised by Mrs. Estela Rivera, former NSDP pastoral council president.

Impact of the Food Packs on the Beneficiaries

Form of Financial Assistance. Almost all partners or husbands of the beneficiaries are *palero* or garbage collectors. Some of them are only part-timers or "on-call" which means that they only report for work when a regular worker fails to report for duty. A few of them are gas/water delivery staff, sidewalk vendors, construction workers and garbage truck drivers who do not even receive the equivalent of the government-mandated minimum wage. Among them. there are also "mangangalakal" or those who go through garbage to take advantage of items that can be sold to junkshops such as plastic bottles. Half the total number of young mothers' partners or husbands are elementary or high school undergraduates. They have had to work instead of finishing their studies because of the need to support their families financially. Thus, the beneficiaries consider the program as "isang malaking biyaya" or a big blessing. The weekly food packs are an important form of financial assistance.

According to the beneficiaries, the money that they were able to save because of the weekly food packs is used to purchase additional ingredients or *pang sahog sa gulay* (*sardines, isda, manok, giniling na baboy*) and milk or diapers for their children. Some also use the savings to pay monthly bills or provide allowance (*baon*) for their children who are already attending school.

Healthy Mothers, Healthier Babies. Positive improvements were observed with regards to the health of the children involved in the program.

Ideal weight gain for children was observed among the babies who were born during the program as noted in the well-baby check-up and vaccination schedule in the health center.

They attribute the nutrition status of the infants to the nutrition the mothers derive from the food packs. They also attributed this to breastfeeding.

The mothers also mentioned that their children were not sickly. No one among the mothers who were interviewed experienced bringing their children to the health center, clinic, or hospital due to serious illnesses. They attribute these to the nutritious vegetables that they can enjoy regularly through the program.



The program for beneficiaries in the Nuestra Señora Dela Paz Chapel community in Payatas, Quezon City was successfully completed. Eighty young mothers aged 16 to 25 years old were selected as beneficiaries. Given an average of 6 individuals per household, about 480 individuals benefited from the weekly food packs. The evaluation of the project from the partners in the community highlighted three benefits for the beneficiaries: the food packs were a form of financial assistance, improvement of health-related practices, and good health on the part of the mothers translated into good health for the children.

Webinars on Special Topics for the Beneficiaries

A face-to-face program orientation session was conducted among the beneficiaries last March 16, 2022, at the chapel of Nuestra Señora Dela Paz in Payatas, Quezon City. Throughout the run of the program, webinars on selected topics were also conducted to address the beneficiaries' needs. Two (2) webinars have been successfully conducted: (1) *Kahalagahan ng Wastong Nutrisyon para kay Mommy at sa Unang 1000 na araw ng Buhay ni Baby and (2) Usapang Safe Sex para sa mga Nanay*. (1. Importance of Good Nutrition for Mommy and Baby in the First 1000 Days 2. Discussion about Safe Sex for Mothers)



CANCER WARRIORS FOUNDATION, INC., BATANGAS (CWFI BATS)

Title of the Project: LALABAN TAYO SA COVID (LET'S FIGHT COVID) PROVISION OF FREE MEDICAL TREATMENT AND NUTRITIONAL SUPPORT TO POOR CHILDREN WITH CANCER

Implementation Period: January to June 2022

Grant given by SCBPMM for this project: \$7,000

Excerpts from the report sent by Cancer Warriors Foundation:

Cancer Warriors Foundation, Inc. requested funds from SCBPMM for the following:

1) SWAB TESTS (RTCPR) during the Covid 19 pandemic. The average cost of the RTCPR is \$12/test. The warriors are required to undergo this swab test once a week to prevent the spread of the virus to other patients and the medical personnel

attending to the kids during treatment. During the three-month induction phase of treatment for a child sick with cancer, treatment is usually on three times a week basis. Likewise for the next three more months for the Consolidation phase, kids must be tested weekly.

For the purposes of this report, we are focusing on the area most dense with warriors under treatment under the care of Pediatric Specialist, Dra. Enriqueta "Mayie" Pastor Salvador at her clinic, The Clinic for Sick Children in Batangas City. Currently she has 83 kids with cancer undergoing treatment. The grant was a big help during these times as it lessens the burden of the cost of the swab tests so that funds can be focused on the chemo treatment.

2) NUTRITIONAL SUPPORT To support the nutritional needs of the warriors, they were provided with prescribed milk (Ensure Gold for the teeners and Pediasure for the younger ones). These prescribed milk brands help build the resistance and strengthen the immune system of the kids, especially during treatment. Almost all the warriors prescribed this special milk cannot afford the higher cost. There are 17 teenagers prescribed with Ensure milk in their diet and 8 young children with Pediasure. We provided 2 boxes of Ensure to each of the 17 kids and 2 boxes of Pediasure to the 8 kids for the 6-month period of this report.

The children with cancer must undergo their chemo treatment in spite of the danger of infection with the covid virus because of the race against time to arrest the cancer through their treatment protocol. This time the burden of the swab test was added to their already high cost of treatment. It was truly a blessing that this added cost was subsidized by the grant from the SCBPMM. We always believed that God would provide when the need arises through special people with special projects.



ATENEO TANGING YAMAN FOUNDATION

Title of the Project: TYPHOON RELIEF AND REHABILITATION FOR VICTIMS OF TYPHOON ODETTE/ RAI

Implementation Period: January 2022

Grant given by SCBPMM for this project: \$5,636

Tanging Yaman Foundation, headed by Fr. Manuel "Manoling" Francisco, S.J., working with the Ateneo de Manila University and the Philippine Jesuit Province organized to provide relief goods to victims of super typhoon Odette/Rai that struck the Philippines in December 2021.



SCBPMM EVENTS AND ACTIVITIES

Christmas Campaign 2022

Participated in International Monetary Fund Helping Hands employee fundraising campaign.

Participated in World Bank Community Connections employee fund raising.

Communications with Partners in 2022 - St. Charles Borromeo Philippine Medical Mission affirms the great work that our partners perform in some of the most under-resourced areas and communities in the Philippines. Every year since 1999, the U.S.-based members of SCBPMM have kept close contact with the various partners in the Philippines. Through phone calls, email reports, and site visits, SCBPMM has been able to monitor its partners' activities and projects.

TO OUR DONORS

We would like to thank ALL of you who have made donations in 2022 and in previous years. All gifts of time, talent, and treasure to help with the projects of SCBPMM are deeply appreciated. It is only because of you that we can continue the mission of SCBPMM.

2022 Major sources of SCBPMM revenue:

World Bank Community Connections Employee Giving

International Monetary Fund Giving Together Campaign

SCBPMM Leadership

SCBPMM is managed by a volunteer Board of Directors and by a core of committed volunteers of various backgrounds. Through SCBPMM, volunteers provide their special knowledge and expertise to fulfill the mission of the organization. The board meets twice a year, and the core group meets every quarter or as needed.

Board of Directors

Maricel Bretault

Cristina Cruz

Vanessa Lagera

Alice Lieberman

Fernando Manibog

Jan Martin

Juliet Teodosio

Officers

President: Peggy Carrington

Treasurer – Aurora Murphy

Secretary – Vanessa Lagera

Other Core Volunteers

Administrative Assistant - Pamela Michalegko

Bookkeeper – Daniel Smith

Partner Coordinators - Maricel Bretault, Cecile Motus, Armida San Jose



THANK YOU VERY MUCH TO ALL VOLUNTEERS. WITHOUT YOUR HARD WORK, SCBPMM WOULD NOT BE ABLE TO DO ALL ITS GOOD WORKS.

HOW YOU CAN HELP

DONATE

Donations to SCBPMM are tax deductible. Checks should be made out to St. Charles Borromeo Philippine Medical Mission (or simply, SCBPMM) and mailed to:

St. Charles Borromeo Philippine Medical Mission P.O. Box 101923 Arlington, VA 22201-9998

If you would like to donate to a specific partner, or for a specific project, please indicate that in the memo line of your check. You can also make a secure online donation through PayPal on our website <u>www.scbphilippinemedicalmission.org</u>.



VOLUNTEER

We welcome all volunteers of various backgrounds and skills, with or without experience. There are many diverse opportunities to help. For students or interns, we would be happy to write to your school about how you volunteered with us.

Contact us at pmm@stcharleschurch.org. Like us on Facebook!

Facebook Page: St. Charles Borromeo Philippine Medical Mission

SCBPMM STATEMENT OF FINANCIAL POSITION December 31, 2022

Cash	41,795
Net Assets Without Donor Restrictions	38,145
With Donor Restrictions	3,650
With Donor Restrictions	
	41,795
SCBPMM	
STATEMENT OF ACTIVITIES For the year ended December 31, 2022	
Revenues	
Donations	
Without Restrictions	44,835
With Restrictions	14,007
In-Kind	98
	58,939
Interest Income	6
Total	58,945
Distribution/Expenses	
Program Services	
Distributions	62,898
Charges and fees	1,446
	64,344
Support Services	
Fundraising	312
Management and general	5,980
	6,292
Total	70,636
Change in Net Assets	(11,690)
Net Assets, December 31, 2021	53,486
Net Assets, December 31, 2022	41,795



THANK YOU!